

Judith L. Poller

Partner

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Partner Judy Poller co-chairs Pryor Cashman’s Family Law Group and has earned her reputation as a tireless advocate who combines sensitivity and discretion with intelligent, strategic, sophisticated, and steady counsel for executives, entrepreneurs, celebrities, and their spouses.

Judy is known for her deft approach to negotiating and litigating favorable outcomes for her roster of clients.

The 2025 *Chambers High Net Worth* guide ranked Judy in Band 1 for Family/Matrimonial: High Net Worth: New York, and *Forbes* included her in its inaugural Top 200 Lawyers list in 2024. In 2018 and 2022, the *Hollywood Reporter* recognized her as a top “Hollywood Troubleshooter” for her work in family law. Judy has also been named a “trailblazer” in family law by *The New York Law Journal*, one of the “top 50 women lawyers” in New York City by *Super Lawyers*. She is consistently recognized as a leading family law attorney by *Best Lawyers in America* and *Super Lawyers*.

Delivering Skilled and Compassionate Representation

Regardless of plans and intentions, family law matters are nearly always emotionally charged and often contentious. With over 25 years of experience practicing exclusively in family law, Judy is highly effective in contested proceedings both at trial and on appeal. She is also extremely adept at negotiating settlement resolutions. Her understanding of how family dynamics impact results enables her to effectively advise clients on a range of issues, including:

- Prenuptial, postnuptial, separation, and cohabitation agreements
- Divorce
- Paternity
- Child custody, access, and visitation arrangements
- Considerations for families of special-needs children
- Spousal and child support
- Financial settlements and complex financial arrangements involving significant personal and business assets
- Equitable distribution of assets

Judy serves as President of the American Academy of Matrimonial Lawyers’ New York chapter, is on the Executive Committee of the New York State Bar Association’s Family Law Section, and is a member of the International Academy of Family Law Lawyers. She frequently writes and lectures on legal issues impacting divorce and child custody cases.

Services

- Family Law
- Private Client
- Litigation

Education

- Northeastern University (J.D., 1983)
- Clark University (B.A., 1980)

Recognition

- Named to the *Crain's New York Business* Notable Women in Law List (2026)
- Recognized as a top Family/Matrimonial lawyer (Band 1) by *Chambers and Partners'* "High Net Worth" Guide (2021-25)
- Named to the Top 200 Lawyers list by *Forbes* (2024)
- Named "Lawyer of the Year" for Family Law by *Best Lawyers In America* (2022)
- Named one of America's top family lawyers by *Spear's* (2019, 2021-25)
- Named a top attorney in the *Lawdragon 500 Leading Family Lawyers Guide* (2024, 2021)
- Named a leading attorney in Family Law by *Best Lawyers In America* (2012-26)
- Named a top divorce attorney on *The Hollywood Reporter's* Power Lawyers: Troubleshooters list (2022, 2018)
- Named a "Trailblazer" in Family Law by *The New York Law Journal* (2016-17)
- Named a top attorney in Family Law by *Super Lawyers – New York Metro* list (2006-25); *Super Lawyers* "Top 50" women lawyers (2010-14, 2017-25); *Super Lawyers* "Top 100" lawyers (2011-12, 2018-25)

Admissions

- New York, 1984

Professional Affiliations

- American Academy of Matrimonial Lawyers, fellow and President, New York Chapter
- International Academy of Family Lawyers
- New York State Bar Association, member, Family Law Section Executive Committee; member, Committee for Public Service and Education
- New York City Bar Association
- New York Women's Bar Association
- Trial Law Institute Member
- Diversity Law Institute Member
- Fellow of the Litigation Counsel of America

Clerkships

- U.S. Court of Appeals for the 2nd Circuit, Law Clerk

Publications

April 27, 2026

Poller Discusses High-Level Family Law Practice on Direct Examination
Direct Examination Podcast

July 20, 2023

Estate Planning + Family Law for Writers: Key Takeaways

December 15, 2022

Prenups and Millennials: A New Era

Family Law Expert Guide 2022

October 4, 2022

Poller Examines Celebrity Divorce and Domestic Violence Law Updates

The Hollywood Reporter

April 13, 2022

The Demise of the Destination Divorce

WealthManagement.com

Winter 2021/2022

The Family Unit Center

A Family Law Resource Library

October 15, 2021

Recent New York Law Extends Child Support to Age 26 for Adult Children with Special Needs

November 26, 2019

Poller Authors "Expert Guide" Chapter on Millennial's Increasing Use of Prenups

February 27, 2019

More Money, More Problems — Cryptoassets and Art in Divorce

February 6, 2018

Poller Explains How Property is Divided Under New York Divorce Laws

April 3, 2017

Poller, Robson and Fotovat Explore the Challenges of Dividing IP Assets in Divorce

November 7, 2016

Caden & Poller Reveal How Divorce Can Impact Immigration Status in NYLJ Article

November 1, 2014

A Careful Separation

July 28, 2014

Trends in Distributing a Business Interest and Enhanced Earning Capacity

May 1, 2014

Counsel Fees: A Tipping Point

August 16, 2012

Enforcement Remedies to Combat Default

September 20, 2011

How to Deal with the Distribution of Intellectual Property Assets in Divorce

September 1, 2010

Divorce and the "Special Needs" Child